



AIKIDO MOUNTAIN WEST

谷
氣
道

Michael Friedl Shihan (7th Dan) April 21-23, 2023

SCHEDULE

Friday-April 21st
6:00 pm to 8 pm

Saturday-April 22nd
10:00-12:00 & 2:30-4:30 (PM)

Sunday-April 23rd
10:00 am to 12:00 noon

LOCATION

Aikido Mountain West is located
at 370 W Ironwood Dr,
South Salt Lake City, UT 84115.

COST

Full seminar cost is \$90 dollars.
Each session is \$30 dollars.

INFORMATION

Scholarships may be available.
Please inquire with AMW
trustee members.

info@aikidomountainwest.org
www.aikidomountainwest.org



Aikido Mountain West is pleased to present Michael Friedl Shihan seminar April 21-23, 2023. The training is open to students of any martial art or rank, and from any organization or dojo. Aikido instruction will be provided by Michael Friedl Sensei from Aikido of Ashland.